

# The Family Time

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**Mark 10:6** *But from the beginning of the creation God made them male and female.*  
**Mark 10:7** *For this cause shall a man leave his father and mother, and cleave to his wife;*  
**Mark 10:8** *And they twain shall be one flesh: so then they are no more twain, but one flesh.*

**Yesterday we looked at a very serious quote. Listen to an excerpt of it again.**

No one can so effectually ruin a woman's happiness and usefulness, and make life a heart sickening burden, as her own husband; and no one can do one hundredth part as much to chill the hopes and aspirations of a man, to paralyze his energies and ruin his influence and prospects, as his own wife. **{AH 43.1}**

**Remember I said that this quote had not been given to be used as a whip against your spouse, but rather as an explanation of the difficulties that you are experiencing.**

**So I hear you say, what should I do? How can I handle this? What is the solution? Listen to this:**

Too often the marriage relation is entered into without proper consideration. None should marry in uncertainty. But if they have not been properly considerate in this matter, and after marriage find themselves dissimilar in character, and liable to reap unhappiness in the place of joy, let them not breathe into another's mind the fact that their marriage was unwise. . . . The evil is always increased when either the wife or the husband, finding some one who appears to be a congenial spirit, ventures to whisper to this trusted one the secrets of the married life. The very act of making known the secret confirms the existence of a condition of things that would not be at all necessary if the husband and wife loved God supremely. . . . **{In Heavenly Places 205.2}**

**Let us take a look at some of the problems that exist.**

After the creation of Adam, the Lord said, "It is not good that the man should be alone: I will make him an help meet [suitable] for him" (Genesis 2:18). When the Lord presented Eve to Adam, angels of God were witnesses to the ceremony. But there are few couples who are completely united when the marriage ceremony is performed. The form of words spoken over the two who take the marriage vow, does not make them a unit. **In their future life is to be the blending of the two in wedlock.** It may be made a real happy union, if each will give to the other true, heart affection. **{10MR 184.1}**

**Now satan understands this. He really does. We don't, but he does!! Listen to this process!**

1. Time strips marriage of the romance with which imagination had clothed it, and
2. Then the thought finds entrance into the mind through Satan's suggestions, "We do not love each other as we supposed." **{10MR 184.2}**



## What do you do when this happens?

1. Expel it from the mind.
2. Do not linger over it.
3. Let each, forgetful of self, refuse to entertain the ideas that Satan would be glad to have you cherish.
4. He will work to make you suspicious, jealous of every little thing that shall furnish the least occasion, in order to alienate your affections from each other.
5. Life is a real matter, and it can be made unbearable by the husband and wife.
6. When the romance is gone, let each think, not after a sentimental order, [but] how they can make the married life what God would be pleased to have it. *{10MR 184.2}*

## Now what does the word “Sentimental” mean? Here are some of the meanings:

1. Over-romantic,
2. sappy,
3. syrupy,
4. corny,
5. Gushy.

## So what should we do??

When the romance is gone, let each think, not after a sentimental order, [but] how they can make the married life what God would be pleased to have it. *{10MR 184.2}*